# VOLUNTEER SAFARI

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# **EVENTS WORKED**

- Over four years:
  - 41 Main events
  - Several SkyWarn deployments



#### YEARLY EVENTS

- Optimist Frozen Goose Run
  - Cold event
- > NAMI Walk
  - Non athlete event
- Stay out of the Sun (SOS) Run
  - Short duration event
- > Tour de Cure Rochester
  - Long distance event





#### YEARLY EVENTS

- Med City Marathon
  - Large number of people event
- > HyVee Rochesterfest Triathlon
  - Multiple stages event
- > Rochester Half Marathon
  - Urban course event
- Harvest Classic
  - Short course event





#### MERTRONICS TWIN CITIES MARATHON

- Yearly in October
- Large scale event covering both Minneapolis and St. Paul
- > 9,000+ Runners
  - 80,000 to 100,000 Spectators
- Over 400 EMTs
  - Over 150 at finish area alone



#### Minneapolis Olson Memorial Highway Wirth Lake U of M Campus St. Paul 25th 31 Lake Calhoun RIVERCENTRE Lake Harriet RACE COURSE & MILE MARKERS COURSE MARKERS Marathon Water Stops Aid Stations Min Cities In Motion Office SPECIAL LOCATIONS Medtronic Plaza GU Energy Gel Zone ALARC Wall Caribou Coffee Minneapolis-St. Paul International Airport Milicinius Expo **Marathon Elevation Chart** Mile Markers

#### MEDTRONICS TWIN CITIES MARATHON

- Race course covered by three separate sub-nets using their own repeaters
  - Net 1, Net 2, and Net 3
  - Each sub-net has their own net control
- Each sub-net control rolls up to the super net that controls the event
  - Net 4
  - On its own repeaters VHF and UHF
  - I worked as net control for Net 4

#### MEDTRONICS TWIN CITIES MARATHON

- In addition to voice, use 1.2 GHz D-STAR data network and 2.4GHz Long Range WiFi data network
- ➤ Each course net has an ICOM IC-ID1 with a laptop that did point to point data with a matching IC-ID1 at the base
- Each net control feed reports into a web based database and message system over the D-STAR connection

#### MEDTRONICS TWIN CITIES MARATHON

- > At the finish line area, Apple provides iPads for staff and medical personnel
- Used secured WiFi to access course reports and runner supplied medical records
  - Tied to on-site secure printers
    - Beta test of iOS AirPrint technology before release to public
      - Race: October 3, 2010
      - iOS 4.2 with AirPrint Public Release : November 22,
        2010

# 115TH BOSTON MARATHON

- Yearly event in April
- Massive large scale event
- > 30,000+ Runners
  - 500,000+ Spectators
  - Third largest US marathon
    - 1. ING New York City (44,977)
    - 2. Bank of America Chicago (36,088)
- Yearly economic impact of \$131 Million

# COURSE MAP



## PEOPLE

- > 80,000 People attending the Expo
- > 8,000 Volunteers
- > 1,200 Medical Personnel
- 1,500 Security Personnel
- ▶ 61 Race Officials
- > 250 Ham Radio Operators w/500+radios
- > 1,500 Total Uniform Police Officers
- > 300 State Police
- > 471 Members of the National Guard

#### COURSE

- > 36 Course Clocks
- 9 Electronic Checkpoints
- 5 Manual Checkpoints
- > 26 Red Cross Stations
- 24 Water Stations
- > 60 Volunteers at each Water Station
- > 8 Elite Athlete Water Stations

#### FOOD

- > 11,300 Pounds of Pasta
- 2,825 Quarts of Tomato Sauce
- > 3,400 Pounds of Fresh Vegetables
- > 100 Pounds of Ground Black Pepper
- > 35,300 Powerbars
- > 34,656 Packets of PowerGel
- > 17,000 Cups of Coffee/Tea
- > 5,250 Gallons of Boiling Water
- > 5,225 Hours of Preparation & Cooking Time
- > 140 Waiters/Waitresses Including Chefs
- > 35,000 Gallons of Poland Spring Water

#### MERIA

- > 180 Outlets Receiving Credentials
- More than 1,000 Media Credentials Issued
- > 15 Countries Receiving Credentials
- 20 States Receiving Credentials
- > 80 Print Publications Receiving Credentials
- > 22 Television Stations Receiving Credentials
- > 14 Radio Stations Receiving Credentials
- > 10 News Agencies Receiving Credentials
- > Telecast to more than 200 countries

#### MEDICAL - FINISH TENTS

- > 500 Bags of Ice
- > 380 Cots
- > 1,500 Blankets
- > 500 Tongue Depressors
- 200 Sick Bags
- > 4000 band aids
- > 175 Ace Bandages
- > 1,500 Gauze Pads
- > 2,000 Adhesive Bandages
- 250 Rolls of Moleskin
- > 500 Surgical Soaps
- 500 Tubes of Petroleum Jelly

- > 500 Towels
- > 1,500 Intravenous Bags
- > 26 Oxygen Tanks
- 12 EKG Machines
- > 36 Defibrillators
- 150 Blood Pressure Cuffs & Stethoscopes
- > 8o Thermometers
- > 16 Tympanic Thermometers
- 2,000 Pairs of Medical Gloves
- 200 Bottles of Antiseptic Hand wash
- > 500 Emesis Basins
- 2,000 Tubes of Antibiotic Ointment

#### MEDICAL - ON COURSE

- 325 medical / admin volunteers
- 2,000 combined volunteer hours
- 31 bottles Antiseptic hand gel
- 104 boxes Gloves
- > 52 bottles Sunblock
- 31 boxes Antibiotic Ointment
- > 5,000 Bandaids
- > 1,500 Gauze Pads

- > 250 Ice Packs
- > 52 Heat Packs
- 400 pads Moleskin
- 52 tubes Sports Cream
- > 150 pounds Petroleum Jelly
- > 52 rolls Paper Towels
- 52 boxes Tissues
- > 52 Trash Bags

#### EQUIPMENT

- > 190 Two-way Radios
- > 63,360 Feet of Rope
- > 30,000 Feet of Fencing
- > 50,000 Feet of Cable
- > 10,000 Trash Bags
- > 50,000 Cable Ties
- > 300KW of Electrical Power
- 500KW of Electrical Power for Media
- 9 Million BTU's Temporary Heat
- > 2,000 Tables
- 2,000 Barricades

- 200 x 2 Inch Tape/Rolls of Caution Tape
- > 10 Fork Lifts
- > 10 Scissors Lifts
- > 790 Port-o-Johns at start
- 202 Port-o-Johns along course
- > 91 Lead Vehicles
- 5 Lifeguard Stands
- > 350 Rakes and Shovels
- 40 Delivery Trucks
- 493 Buses
- > 55 Baggage Buses

#### EQUIPMENT

- ▶ 600 Trash Barrels
- > 400 Rolls of Paper Towels
- > 108,000 Safety Pins
- 65 Shuttle Buses in Hopkinton
- > 15 Medical Buses
- 140 National Anthems and Countries' Flags
- > 39,575 mylar blankets (heatsheets)
- > 25,000 Feet of Ribbon
- 9 Command Posts
- 220,000 Sponsor Brochures distributed to runners
- 4 electronic finish line cameras

- 30,000 Participants' Tee-Shirts
- 30,000 Participants' Bags/Packets
- > 30,000 Finishers' Medals
- 400 packets of Handi-Wipes
- 1.4 Million Paper Cups
- > 140,000 Sponsors' Samples distributed to Runners
- 24 Golf Carts
- > 50,000 Drywall Screws
- 600 Sheets of Plywood
- > 1,000 Pairs of Work Gloves

## COVERAGE

- Course is covered by seven sub-nets
  - Each has own repeater and net control
- > 4 Medical on route nets
  - I worked on Medical Net 3 Transport covering miles 13 to 20 with the famous Newton Hills including Heartbreak Hill
- Sub-nets roll up to 4 super nets
- > 4 Additional nets at finish line
- > ICS205 plan covers over 50 frequencies











#### NANOTEK TREK



- > Bike ride event with five courses
- Based from Rushford east to Houston and west to Lanesboro
- Hard coverage area with valleys and bluffs
- Found APRS messaging worked well
  - Transceivers in Rochester, Rushford, and Winona connected over internet

# MS TRAM 2011

MS Society The Ride Across Minnesota

5 days biking event covering 278 miles in
 SE Minnesota
 bike

- Rochester
- Owatonna
- Austin
- Lanesboro
- Winona



#### **StarTribune**

TRAM 2011

The Ride Across Minnesota

The Ride Across Minnesota

TRAM 2011

StarTribune

#### **VEHICLE PARADE**

- > 4 SAG 15 passenger vans with trailers
- 1 each of Hospital Runner, Course, Comm, and Safety Supervisors
- > 18 Minnesota Mobile Escorts
- > 14 Motorcycle Escorts
- 4 Rest station supply trucks
- > 4 Luggage and gear trucks
- > 10 Bike ride marshalls

#### COVERAGE

- Used 8 different amateur repeaters across SE Minnesota
  - Tropo ducting was pulling in signals from lowa, Wisconsin, and Illinois
- Used 11 different business band repeaters across SE Minnesota
  - Used as a backup and for non-hams
- Both bands had great coverage!!!

FUEL MY BRAIN - OLMSTED FAIR









#### PAST VOLUNTEER EXPERIENCES

- Badger Boys State
  - Assistant Director of Technology
    - Administer multiple web domains, online store, and over 50 PCs campus wide
  - 10 years of service 1997 2006
    - 1 Week per year plus various meetings
- ELCA Youth Gathering 2000
  - Assistant Director of Volunteers
    - Manage over 1,000 volunteers
    - 45,000 youth in St. Louis over three weeks
- > Technical Director for 8 different theatres
  - 2005 MACT Outstanding Lighting Designer

#### PRESIDENT'S VOLUNTEER SERVICE AWARD

- Gold Level Earned in 2004, 2005, 2006
  - 500+ hours per year
- Silver Level Earned in 2007, 2008, 2009, and 2010
  - 250 to 499 hours per year
  - Earned at least Silver Level in 2011
- President's Call to Service Lifetime Award
  - 4,000+ hours in total
  - Earned in 2011 at Harvest Classic!

## **FUTURE**

- Would like to work
  - ING New York Marathon
    - World's Largest Marathon
    - Covers all five boroughs
  - Marine Corps Marathon
    - Washington DC over Halloween
  - Ragnar Relays
    - Winona to Minneapolis
    - Madison to Chicago
    - 12 people teams, 200 miles





